

Grŵp Trawsbleidiol ar Diabetes Cross Party Group on Diabetes

28.06.22. 12:15 – 13:15

Cadeirydd | Chair: Jayne Byrant MS

Ysgrifennydd | Secretary: Diabetes UK Cymru, Mathew Norman, Policy & Public Affairs Manager

Ymddiheuruadau | Apologies:

- Julia Platts National Clinical Lead for Diabetes NHS Wales
- Chris Cottrell, Diabetes Education Lead/Specialist Nurse
- Philip Evans, Consultant Diabetologist
- Kate Rhodes, Clinical Psychologist
- John Butler, Clinical Psychologist
- Rhun ap Iorwerth MS

Attendance

- Jayne Bryant MS
- Rachel Burr Director of Diabetes UK Cymru
- Jayne Bryant MS
- Deputy Minister for Mental Health and Wellbeing, Lynne Neagle MS
- Nathan Cook, Welsh Government, Public Health Division.
- Ed Wilson, Welsh Government, Public Health Division.
- Dr Julie Bishop, Public Health Wales
- Jamie Kaijaks, Private Secretary
- Sujatha Thaladi
- Wendy Gane
- Rob Lee
- Mathew Norman Policy & Public Affairs Manager DUK Cymru
- George Watkins Mind Cymru
- Mary-Ann Jones
- Scott Crawley
- Catherine Washbrook
- Rose Stewart

Agenda:

Time Amser	Pwnc	Topic
12:15	1. Cyflwyniadau	1. Introductions

12:25	2. CCB	2. AGM
12:30	3. Diweddariadau Diweddaraf Pwysiau Iach Cymru Iach	3. Healthy Weight Healthy Wales Updates
12:50	4. C&A	4. Q&A
13:00	5. Agenda yr Grŵp am yr 12 mis nesaf	5. CPG Agenda for the next 12 months
13:15	6. Cau	6. Close

1. Cyflwyniadau | Introductions (10 min)

<ul style="list-style-type: none"> • Cyfarfod cyntaf y grŵp yn bersonol/hybrid yn 2022. • Mae'r cyfarfod yn cael ei recordio i gefnogi'r gwaith o gymryd cofnodion a'i rannu gyda'r rhai sydd ddim yn bresennol. • Cyfarwyddwr newydd Diabetes UK Cymru, Rachel Burr. • Rheolwr Polisi a Materion Cyhoeddus Newydd ar gyfer Diabetes UK Cymru, Mathew Norman. • Bydd y Dirprwy Weinidog a swyddogion yn bresennol o 12:30. 	<ul style="list-style-type: none"> • First in person/hybrid CPG of 2022. • The meeting is being recorded to assist with minute taking and share with attendees who are not present. • New Director for Diabetes UK Cymru, Rachel Burr. • New Policy and Public Affairs Manager for Diabetes UK Cymru, Mathew Norman. • Deputy Minister and officials will be attending (in person) from 12:30.
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2. CCB | AGM (5 min)

<ul style="list-style-type: none"> • Enwebiadau ar gyfer swydd Cadeirydd y Grŵp Trawsbleidiol, Jayne Bryant MS wedi'u henwebu a pleidleisio. • Enwebiadau ar gyfer swydd Ysgrifennydd y Grŵp Trawsbleidiol, Diabetes UK Cymru wedi'u henwebu, bydd Mathew Norman yn cynrychioli Diabetes UK Cymru. • Cefnogaeth gan y grŵp ar gyfer Is-gadeiryddion, cadarnhau enwau i fynd atynt a'i etholiad yn y cyfarfod nesaf. 	<ul style="list-style-type: none"> • Nominations for the position of Chair of the CPG, Jayne Bryant MS has been nominated and voted. • Nominations for the position of Secretary of the CPG, Diabetes UK Cymru has been nominated, Mathew Norman will represent Diabetes UK Cymru and voted in. • Proposals for Vice Chairs agreed - confirm names to be approached and approval at next meeting.
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3. Diweddariadau Diweddaraf Pwysiau Iach Cymru Iach | Healthy Weight Healthy Wales Updates (20 min)

<ul style="list-style-type: none"> • Y Dirprwy Weinidog dros Iechyd Meddwl a Llesiant, Lynne Neagle AS • Nathan Cook, Llywodraeth Cymru, Is-adran Iechyd y Cyhoedd. • Ed Wilson, Llywodraeth Cymru, Is-adran Iechyd y Cyhoedd. • Dr Julie Bishop, Iechyd Cyhoeddus Cymru • Jamie Kaijaks, Ysgrifennydd Preifat <p>Rhannodd y Dirprwy Weinidog y wybodaeth ddiweddaraf am Raglen Atal Diabetes Cymru Gyfan a'r cyllid a gefnogir drwy Bwysau Iach Cymru Iach.</p> <p>Rhoddodd Julie Bishop drosolwg manwl o'n hamgylchedd bwyd a'r effaith y mae hyn yn ei chael ar ein diet, a'r angen am newid.</p> <p>Rhoddodd Nathan Cook amlinelliad o gynigion yr ymgynghoriadau ar yr Amgylchedd Bwyd Cadarnhaol a'r Gwaharddiad ar Werthu Diodydd Ynni i rai dan 16 oed.</p>	<ul style="list-style-type: none"> • Deputy Minister for Mental Health and Wellbeing, Lynne Neagle MS • Nathan Cook, Welsh Government, Public Health Division. • Ed Wilson, Welsh Government, Public Health Division. • Dr Julie Bishop, Public Health Wales • Jamie Kaijaks, Private Secretary <p>Deputy Minister shared an update on the All Wales Diabetes Prevention Programme and funding that will be supported through Healthy Weight Healthy Wales.</p> <p>Julie Bishop gave a detailed overview of our food environment and the impact that this has on our diet, and the need for change.</p> <p>Nathan Cook gave an outline of the proposals of the consultations on the Positive Food Environment and the Ban on the Sale of Energy Drinks to under 16s.</p>
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4. C&B | Q&A (10 min)

<p>Cwestiynau i'r Dirprwy Weinidog gan y mynychwyr yn bersonol ac ar-lein</p> <p>Mynegwyd pryderon am anhwylderau bwyta a labelu calorïau - rhoddwyd sicrwydd y bydd yr ymgynghoriad yn mynd i'r afael â'r materion hyn ac yn caniatáu i'r cyhoedd a rhanddeiliaid rannu eu barn.</p> <ul style="list-style-type: none"> • Codwyd a chroesawyd yr angen am ymyrraeth gynnar ac atal gan y Dirprwy Weinidog, yn enwedig ar rolau pwysig ymwelwyr iechyd a chanolbwyntio ar y blynyddoedd cynnar a phlentyndod. • Meithrin cydberthnasau â chymunedau mwy amrywiol ar lawr gwlad i helpu i hyrwyddo cymunedau i newid eu 	<p>Questions to the Deputy Minister from the attendees in person and virtually</p> <ul style="list-style-type: none"> • Concerns raised on eating disorders and calorie labelling – assurance given that the consultation will address these issues and allow for the public and stakeholders to share their opinions. • The need for early intervention and prevention was raised and welcomed by the Deputy Minister, especially on the important roles of health visitors and focusing on early years and childhood. • Building relationships with more diverse communities at grassroots
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<p>hymddygiad bwyta – pwyntiau a dynnwyd oddi wrth y Dirprwy Weinidog.</p> <ul style="list-style-type: none"> • Pryderon ynghylch stigma a chwalu'r stigma o ddiagnosis o ddiabetes a rhannu gwybodaeth am y cyflwr. • Cwestiwn ar ariannu'r AWDPG a data ac ymchwil ynghylch ymddygiad bwyta. Sicrhodd y Dirprwy Weinidog y bydd cyllid yn cael ei adolygu a'i gefnogi drwy Pwysau Iach Cymru Iach. Cadarnhawyd hefyd bod ymchwil gan Iechyd Cyhoeddus Cymru yn mynd rhagddo a bod mwy yn cael ei wneud ar ymatebion pobl i fwyta rhai bwydydd. • Rhaglen rheoli pwysau benodol ac anhwylder bwyta math 1. Rhoddwyd sicrwydd y bydd hyn yn cael ei ystyried. • Dull amlddisgyblaethol ar gyfer negeseuon cyson. • Llais y claf i'w gynnwys drwy'r grŵp cyfeirio cleifion. 	<p>levels to help champion communities to change their eating behaviours – points taken away from the Deputy Minister.</p> <ul style="list-style-type: none"> • Concerns around stigma and breaking down the stigma of diagnosis of diabetes and sharing information about the condition. • Question on the funding of the AWDPG and data and research around eating behaviours. The Deputy Minister assured that funding will be reviewed and supported through Healthy Weight Healthy Wales. It was also confirmed that research from PHW is ongoing and more is being done on people's responses to eating certain foods. • Specific weight management programme and type 1 disorder eating. Assurances given that this will be considered. • Multidisciplinary approach for consistent messages. • Patient voice to be included through the patient reference group.
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5. Agenda yr Grŵp am yr 12 mis nesaf | CPG Agenda for the next 12 months (15 min)

<ul style="list-style-type: none"> • Grŵp cytuno ysgrifennu ymateb ar ran y grŵp i'r ymgynghoriadau canlynol neu fwydo i mewn i ymateb Diabetes UK Cymru: <ul style="list-style-type: none"> ○ Amgylchedd Bwyd Iach ○ Roi terfyn ar werthu Dioddydd Ynni i blant dan 16 oed 	<ul style="list-style-type: none"> • The CPG agreed that a response will be made to the following consultations or feed into Diabetes UK Cymru response: <ul style="list-style-type: none"> ○ Healthy Food Environment ○ Ending the sale of Energy Drinks to children under 16
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<p>Fydd angen ymatebion (un ffordd neu arall) erbyn 15 Awst 2022.</p> <ul style="list-style-type: none"> • Cytuno gyfarfodydd bob 2 neu 3 mis. • Pynciau am cyrfarford yn yr dyfydol: <ul style="list-style-type: none"> ○ Iechyd Meddwl a diabetes ○ Ymwybyddiaeth o ddiabetes - mathau gwahanol. ○ Digidol a diabetes ○ Nifer yr achosion o ddiabetes Math 2 a'u heffaith ○ 'Rhaglen Atal Diabetes Cymru Gyfan' ○ Ysgol a Diabetes 	<p>Responses (either way) will be needed by August 15th 2022.</p> <ul style="list-style-type: none"> • Agreed meeting for every 2 months. • Agreed on possible subjects to cover: <ul style="list-style-type: none"> ○ Mental Health and diabetes ○ Awareness of diabetes, different and rare types. ○ Digital and diabetes ○ Prevalence and impact of Type 2 diabetes ○ 'All Wales Diabetes Prevention Programme' ○ School and Diabetes
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6. Cau |Close

<ul style="list-style-type: none"> • Cyfarfod nesaf ym mis Hydref 2022, Dyddiad i'w gadarnhau 	<ul style="list-style-type: none"> • Next meeting in October 2022, Date to be confirmed
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